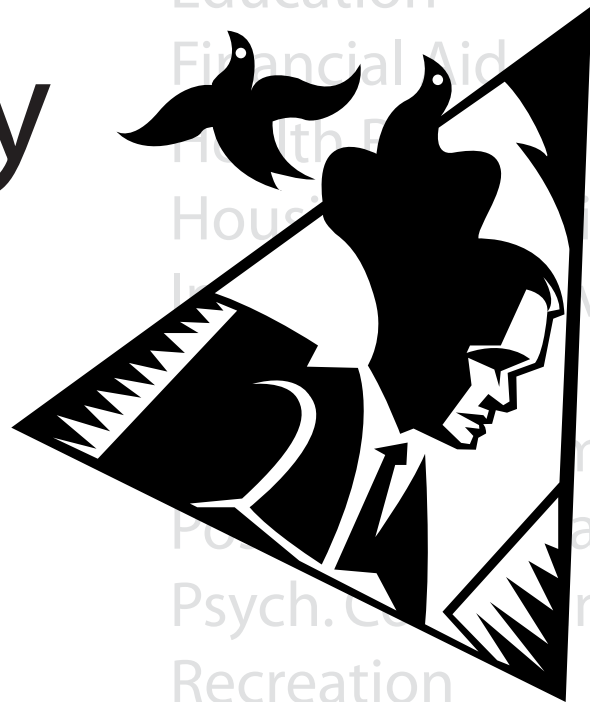


# Traumatic Brain Injury Resource Directory

*A Guide to Northern  
California Resources  
for Individuals with  
Brain Injury*

The Northern California  
TBI Model System,  
Santa Clara Valley Medical Center

6TH Edition, 2006



TBI 101  
Alcohol & Chemical  
Case Management  
Consumer Resources  
Crisis Intervention  
Day Programs  
Disability Related  
Domestic Violence  
Driving Evaluation  
Education  
Financial Aid  
Health F  
Housing  
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Recreation  
Resources  
Support Groups  
TBI Internet  
Transportation  
Vocational Services

Alcohol & Chemical  
Brain Boosters  
Case Management  
Consumer Resources  
Crisis Intervention  
Day Programs  
Disability Related  
Domestic Violence  
Driving Evaluation  
Education  
Financial Aid  
Health Related  
Housing Agencies  
Independent Living  
Legal Services  
Parenting & Family  
Post Acute Rehab  
Psych. Counseling  
Recreation  
Resources  
**Special Populations**  
Support Groups  
TBI Internet  
Transportation  
Vocational Services







## 21. Special Populations

This chapter is concerned with agencies that work with certain populations: e.g. women, children and teens, ethnic minorities, and veterans. They are arranged below by group served. Many of these agencies, although they may have a specific population in their name and work with primarily that population, will work with those from other populations also. It's OK to call and ask.

### **ASIAN AMERICANS**

#### **Asian-Americans for Community Involvement (AACI)**

408/975-2730

2400 Moorpark Avenue, Suite 300

San Jose, CA 95128

Website: <[www.aaci.org](http://www.aaci.org)>

#### **Santa Clara County Asian Law Alliance**

408/287-9710

184 East Jackson Street

San Jose, CA 95112

- Offers free legal advice to people of any nationality in Santa Clara County.
- They also offer legal representation in some immigration, housing, domestic violence, and public benefits areas for limited- or non-English speaking people.
- They have translation services, as available, for people who speak Spanish, Vietnamese, Cantonese, Mandarin, Laotian, Korean, and Japanese.

#### **Vietnamese Voluntary Foundation (VIVO)**

408/532-7755

FAX: 408/532-1699

2260 Quimby Road

San Jose, CA 95122

- VIVO offers four programs: help in applying for General Assistance; employment services, to help people from immigrant backgrounds (all nationalities) to train and find jobs; interpreting for social services (fee for service); and a youth program: counseling kids in trouble or at risk.
- English as a Second Language (ESL) for Refugees.

# 21. Special Populations

## CHILDREN/TEENS

### California Children's Services

408/793-6200

FAX: 408/793-6250

720 Empey Way

San Jose, CA 95128

- Medical and therapy services up to age 21.

### Community Solutions

408/842-7138

6980 Chestnut Street

Gilroy, CA 95020

- South Valley Counseling, Community Alternatives and the Bridge Counseling Center have merged into Community Solutions.
- Counseling, case management.
- Drug and alcohol treatment.
- Domestic violence shelter and counseling services.

### Deaf Counseling Advocacy & Referral Agency (DCARA)

TTY: 510/483-0753

Call for Voice Translations: 800/735-2922

1539 Webster

Oakland, CA 94612

- Provides services to hearing impaired persons.

### Kids Are Special - Eastfield Ming Quong

408/364-4133

FAX: 408/364-4190

251Llewellyn Avenue

Campbell, CA 95008-1999

- Children's, parents' and grandparents' groups for families with children impacted by the substance abuse of parent or caregiver.
- Offer a group (HI-RAP) for high risk adolescents.
- Intro to parenting class and "Laughing your way through Parenting" class.

## 21. Special Populations

### **KARA**

650/321-5272

457 Kingsley Avenue

Palo Alto, CA 94301

Website: <[www.kara-grief.org](http://www.kara-grief.org)>

- Bereavement group for children.

### **San Andreas Regional Center**

408/374-9960

FAX: 408/379-6126

300 Orchard City Drive, Suite 170

Campbell, CA 95008

Website: <[www.sarc.org](http://www.sarc.org)>

- Developmental disability services - under 18.

## **GAYS AND LESBIANS**

### **Billy Defrank Lesbian And Gay Community Center**

408/293-AGAY

TDD: 408/298-8986

938 The Alameda

San Jose, CA 95126

Website: <[www.defrank.org](http://www.defrank.org)>

- Offers a wide variety of free or low-cost social activities, groups, counseling services, seniors services, adult services, and youth programs.

## **NATIVE AMERICANS**

### **American Indian Education Center**

408/288-6198

FAX: 408/288-6199

175 Stockton Avenue

San Jose, CA 95126

- Summer school and educational tutoring.

### **Indian Health Center Of Santa Clara Valley**

408/445-3400

1333 Meridian Avenue

San Jose, CA 95125

Website: <[www.indianhealthsanjose.org](http://www.indianhealthsanjose.org)>

- Medical, dental, counseling, nutrition, and community health departments.

# 21. Special Populations

## PARENTS AND FAMILIES

### **Beach Center On Families And Disabilities**

785/864-7600

University of Kansas

1200 Sunnyside Avenue, Room 3136

3111 Hayworth Hall

Lawrence, KS 66045

Website: <[www.beachcenter.org](http://www.beachcenter.org)>

- Information and referral.

- Newsletter.

### **Exceptional Children's Foundation**

310/204-3300

8740 West Washington Boulevard

Culver City, CA 90232

Website: <[www.ecf-la.org](http://www.ecf-la.org)>

- Information.

- Newsletter.

### **Exceptional Parent Magazine**

877/372-7368

- Website: <[www.eparent.com](http://www.eparent.com)>

### **Family Caregiver Alliance (FCA)**

415/434-3388

800/445-8106

180 Montgomery Street, Suite 1100

San Francisco, CA 94104

Website: <[www.caregiver.org](http://www.caregiver.org)>

- Information and referral.

- Support groups.

### **Matrix: A Parent Network and Resource Center**

415/884-3535

94 Galli Drive, Suite C

Novato, CA 94949

- Information and referral.

- Parent training.

## 21. Special Populations

### **National Family Caregivers Association**

301/942-6430

800/896-3650

10400 Connecticut Avenue, Suite 500

Kensington, MD 20895

Website: <[www.thefamilycaregiver.org](http://www.thefamilycaregiver.org)>

- Educational materials for caregivers.
- Quarterly newsletter.

### **Parents Helping Parents**

408/727-5775

3041 Olcott Street

Santa Clara, CA 95054-3222

Website: <[www.php.com](http://www.php.com)>

- Support groups.
- Parenting classes.
- Newsletter.

### **Schwab Foundation For Learning**

650/655-2410

1650 So. Amphlett Boulevard, Ste. 300

San Mateo, CA 94402

Website: <[schwablearning.org](http://schwablearning.org)>

- Information and referral.

### **Through The Looking Glass**

510/848-1112

2198 6th Street, #100

Berkeley, CA 94710

Website: <[www.lookingglass.org](http://www.lookingglass.org)>

- Parenting with a disability newsletter.
- Clinical and supportive services, training, and research.
- Serves families in which one or more members, whether parent or child, has a disability or medical issue.

### **Well Spouse Foundation**

732/577-8899

63 West Main Street

Freehold, NJ 07778

Website: <[www.wellspouse.org](http://www.wellspouse.org)>



# 21. Special Populations

## BOOKS

*Ordinary Families, Special Children: A Systems Approach To Childhood Disability*

800/365-7006

Guilford Publications, Inc.

72 Spring Street

New York, NY 10012

•\$24.

## PORTUGUESE AMERICANS

### Portuguese Organization For Social Services & Opportunities (POSSO)

408/293-0877

1115 E. Santa Clara Street, Suite A

San Jose, CA 95116

Website: <[www.serve.com/posso](http://www.serve.com/posso)>

- Provides escort services to seniors in San Jose and Santa Clara. Call between 9:00 a.m. and 4:00 p.m., Monday through Friday, to schedule (at least two weeks in advance). Any race, but must be English or Portuguese speaking. Transports: ambulatory only. No fee.
- Information and referral (language interpretation and translation).
- ESL and citizenship classes.

## SPANISH SPEAKING

### Alcoholicos Anónimos

408/295-0920 (Spanish only)

1349 E. Taylor Street

San Jose, CA 95133

- Spanish speaking referrals to AA groups.

### Catholic Charities Immigration Program

408/944-0691

2625 Zanker Road, Suite 201

San Jose, CA 95134

Website: <[www.ccsj.org](http://www.ccsj.org)>

- Consultation services. Low income clients only. Bring 10-40 form and proof of current income.
- Tuesdays, Wednesdays, Thursdays, Fridays 8am to 9am. First come, first served (accept only the first 6 people)
- \$35 non-refundable cost. Cash only.

## 21. Special Populations

### **Family and Child Services**

408/292-9353

FAX: 408/287-3104

950 West Julian

San Jose, CA 95126

- Comadres women's outpatient polydrug abuse program.
- Compadres men's outpatient polydrug abuse program.
- Classes on domestic violence, parenting, and anger management.

### **Hermanas**

831/722-2471

640 Rodriguez Street

Watsonville, CA 95076

- Residential, 90-120 day program for women only.
- Fee based on a sliding scale.
- Bilingual and Bi-cultural.

### **La Raza Centro Legal**

415/575-3500

474 Valencia Street, Suite 295

San Francisco, CA 94103

- Referrals and free legal service to low-income people.
- Spanish-speaking.

### **MACSA Adult Day Health Care**

408/928-1155

FAX: 408/928-1153

130 N. Jackson Avenue

San Jose, CA 95116

- They offer adult day care for seniors (Casa MACSA) and a job training/job assistance program. They will also refer people to ESL (English as a Second Language) classes.
- Limited number of TBI clients.

# 21. Special Populations

## **Proyecto Primavera**

408/977-1591

614 Tully Road

San Jose, CA 95111

- Three month outpatient program for men and women.
- Fee is approximately \$20 a week.
- Required to attend outside AA meetings.

## **VETERANS**

### **California Dept. Of Veteran Affairs**

Cal-Vet Farm And Home Loans

800/952-5626

Website: <[www.ca.va.gov](http://www.ca.va.gov)>

- You must have a touch tone phone to use this number.
- It provides some information as well as the ability to order Cal Veteran loan program application packets and brochures.
- State Veterans services.
- Life disability coverage.

### **San Jose Veterans Center**

408/993-0729

278 North Second Street

San Jose, CA 95112

- Veterans' readjustment counseling services: provide counseling and psychotherapy for veterans who served in combat areas.

### **U.S. Veterans Administration**

800/827-1000

Dept. of Veteran Affairs Regional Office

1301 Clay St., North Tower

Oakland, CA 94612-5209

Website: <[www.va.gov](http://www.va.gov)>

- This office provides veteran benefits information.

## 21. Special Populations

### **Veterans Administration Medical Center**

Brain Injury Rehabilitation Unit (BIRU)

650/493-5000 X 62201

3801 Miranda Ave.

Palo Alto, CA 94304 Attn.: 334C-2-MPD

### **Vets Next Step Center**

650/566-0614

3801 Miranda Avenue

Palo Alto, CA 94304

DVA Medical Center (NPD-11686)

Menlo Park, CA 94025

- Vocational counseling and job placement.

## **VISUALLY IMPAIRED**

### **Peninsula Center for the Blind and Visually Impaired**

650/858-0202

FAX: 650/858-0857

2470 El Camino Real, Suite 107

Palo Alto, CA 94306

Website: <[www.pcbvi.org](http://www.pcbvi.org)>

- Examinations and evaluations.
- Mobility, orientation, and daily living skills instruction.
- Braille and Computer classes.
- Counseling and support groups.

### **Rose Resnick Lighthouse for the Blind and Visually Impaired**

415/431-1481

FAX: 863-7568

214 Van Ness Avenue

San Francisco, CA 94102

Website: <[www.lighthouse-sf.org](http://www.lighthouse-sf.org)>

- Telecommunications and alternative formats services
- Rehabilitation services (daily living, orientation, and mobility).
- Counseling and support groups.
- Technology services.
- Recreation programs

# 21. Special Populations

## WOMEN

### Family and Child Services

408/292-9353

FAX: 408/288-6201

950 West Julian Street

San Jose, CA 95126

- Comadres: women's polydrug abuse program.
- Compadres: Men's polydrug abuse program.

### Mariposa Lodge

408/281-6555

FAX: 408/463-0337

9500 Malech Road, San Jose, CA 95151

P.O. Box 21268, San Jose, CA 95151-1268

- Residential alcohol/drug program for women.

### Next Door

Solutions To Domestic Violence

24 hour Hot Line: 408/279-2962

408/501-7550

FAX: 408/441-7562

234 East Gish Road, Suite 200

San Jose, CA 95112

### Planned Parenthood

408/287-7526

1691 The Alameda

San Jose, CA 95126

- With Medi-Cal or Medicare there would be no payment.
- They offer a sliding scale.

### Santa Clara Valley Medical Center Women With Disabilities Health Care Clinic

408/885-5920

800/314-4611

2400 Moorpark Ave.

San Jose, CA 95128

- Clinic deals with issues specific to women with disabilities. Two universally accessible examination tables are available.

## 21. Special Populations

### **Support Network For Battered Women**

Hotline: 650/940-7855

800/572-2782

- Domestic violence: counseling, legal and shelter service for women and children.

### **United Cerebral Palsy (UCP) Of The Golden Gate**

510/832-7430

1970 Broadway, Suite 305

Oakland, CA 94612

- Referrals to women's health practitioners and clinics in Alameda, San Francisco, Marin, and Contra Costa counties who work with women with disabilities.
- Coordination of individual and group support, primarily by women with disabilities, about women's health issues.
- Lending library on women's health and disability issues and instruction in Ob/Gyn self-help care workshops.

### **Women's Community Clinic**

408/287-4090

696 E. Santa Clara Street, Suite 102

San Jose, CA 95112

- They offer gynecological services.
- Serving low income and no income women only.